

# SHS LRCII Remote Learning

## For the week of May 4th

Welcome to our online classroom!

This PowerPoint has been set up for you for the week of **May 4th<sup>th</sup>!**

# Instructions for Caregivers:

- The following daily schedule is intended to run for 3-4 hours (example might be 8am -12pm.) You may run the schedule in it's entirety or do the pieces you are comfortable with. If you would like a longer learning at home schedule, please let me know and I can give you some options (run the schedule a second time or provide extension activities).

# Daily Visual Schedule

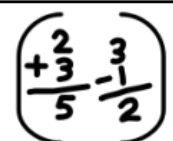
## Daily Schedule



Morning Meeting



reading



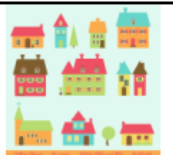
Math



writing



Play and Leisure



Community



Let's Move!



independent work



social skills and  
emotional health



vocational



Play and Leisure



all done



# Morning Meeting/Student Check-In:

\*This portion of our day is intended to last about 15 minutes. Please adjust your time based on your child's needs and abilities.

## **Morning Meeting:**

Do the Morning Meeting Boom Cards: [CLICK HERE](#)

## **Question of the Day:**

Coming soon—provided by SLP/OT (special services)

# Teach Time:

- Note to Caregivers: The following teach time is intended to last about 60 minutes total. These slides incorporate NEW learning based on your child's Individual Education Plan (IEP). The following activities include Reading, Writing and Math. They may not exactly match their goals and objectives, but the content is matched as closely as possible. You can choose to do all three activities if you want to extend your child's online school or choose one per day.
- NOTE: CBI = Community Based Instruction

# Reading Work: Work for 15 min, break for 5 min (You may also work for the full 20 minutes)

- Please follow the links to sign in to your student's work.

Monday	Tuesday	Wednesday	Thursday	Friday
<a href="#"><u>Raz Plus</u></a>	<a href="#"><u>Raz Plus</u></a>	<a href="#"><u>Raz Plus</u></a>	<a href="#"><u>Raz Plus</u></a>	<b>Comprehension questions from assigned book</b>
BOOK: Assigned book	BOOK: Assigned book	BOOK: Assigned book	BOOK: Assigned book	

# Writing Work: Work for 15 min, break for 5 min (You may also work for the full 20 minutes)

- Please follow the link to sign in to your student's work.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><a href="#"><u>Writing Boom</u></a> <a href="#"><u>Cards</u></a></p> <p>Title: Basic What Questions with Pics</p>	<p><a href="#"><u>Raz Plus</u></a></p> <p>VOCABULARY: Assigned book</p>	<p><a href="#"><u>Writing Boom</u></a> <a href="#"><u>Cards</u></a></p> <p>Title: Capitalization Practice</p>	<p><a href="#"><u>Raz Plus</u></a></p> <p>VOCABULARY: Assigned book</p>	<p>Complete <a href="#"><u>Google</u></a> <a href="#"><u>Form</u></a> to answer questions about your week</p>

# Math Work: Work for 15 min, break for 5 min (You may also work for the full 20 minutes)

- Please follow the link to sign in to your student's work.

Monday	Tuesday	Wednesday	Thursday	Friday
<a href="#"><u>L3 Math Skills</u></a>	<a href="#"><u>Math Boom Cards</u></a>	<a href="#"><u>L3 Math Skills</u></a>	<a href="#"><u>Math Boom Cards</u></a>	<a href="#"><u>Fred Meyer Ad</u></a>
Sign-in and get to know the new learning Website	Title: Counting Money		Title: Math Warm Ups February Single Digit	Go to the Fred Meyer Link (ABOVE): You have \$20. Find 3 items you can buy on the weekly ad for \$20.



# Leisure Time:

- Note to Parents: The following Leisure time is intended to last about 20 minutes. This portion of the schedule is to help your child engage in fun activities that can be done with support depending on your child's needs and abilities.
- Choose Activities that Interest your Child, the next slide is an example of a leisure choice menu.

# Leisure Choices



Read a Book



Go for a Walk



Do a Puzzle



Draw



Board Games



Listen to Music



Coloring Book



Relax on Couch

# Community:

- Note to Caregivers: This portion of the daily schedule will incorporate accessing the community. It is intended to last 15 to 30 minutes, depending on the virtual field trip or video.

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Dairy Farm</u> <u>Virtual Field</u> <u>Trip</u>	<u>Putting Away</u> <u>Groceries</u>  CBI Questions: *Who*What* Where*Why*	<u>Seattle</u> <u>Aquarium</u> <u>Virtual Field</u> <u>Trip</u>	<u>Cashier Video</u>  CBI Job Video: Cashier	<u>Choose: Virtual</u> <u>Field Trip</u>

# Physical:

- Note to Caregivers: This portion of the daily schedule will incorporate accessing some Physical Education. It is intended to last 20 to 30 minutes, depending on the day and choice.

Monday	Tuesday	Wednesday	Thursday	Friday
<a href="#"><u>Stay Fit Challenge Tutorial</u></a>	<a href="#"><u>Stay Fit Challenge</u></a>	<a href="#"><u>Stay Fit Challenge</u></a>	<a href="#"><u>Stay Fit Challenge</u></a>	<a href="#"><u>Weekly Online Survey for Stay Fit Challenge</u></a>

# Independent Work Time:

- Note to Caregivers: The following teach time is intended to last about 60 minutes total. These slides incorporate work that the student has already mastered. You can choose to do all three activities if you want to extend your child's online school or choose one per day.

**Independent Writing Work:** Work for 15 min, break for 5 min (You may also work for the full 20 minutes)

- Please follow the link to sign in to your student's work.

[Typing](#)

\*Log in and Start Typing!

**Independent Math Work:** Work for 15 min, break for 5 min (You may also work for the full 20 minutes)

- Please follow the link to sign in to your student's work.

The IXL logo consists of the letters 'IXL' in a bold, blue, sans-serif font. A horizontal blue line is positioned directly beneath the letters.

- \*Go to Recommendations
- \*Same Program All Week

# Social Skills and Emotional Health:

- Note to caregivers: The following time in the schedule is to focus on supporting your child's social skills and emotional well being and is intended to last about 20 minutes.
























Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Zones of Regulation Assignment (SLP/OT)</u></p> <p>*Enter Microsoft login information (ex. smitsam23@Issaquah.wednet.edu)</p>	<p><u>Social Skills-Boom cards</u></p> <p>Title: Get in the Zone Challenge</p>	<p><u>Teen Voice</u></p> <p><b>Friendships and Boundaries</b></p>	<p><u>Social Skills-Boom cards</u></p> <p>Title: How to Calm Yourself Down</p>	<p><b>Social Group with Class</b></p> <p><b>12:30 pm</b></p>



# Extra Social Skills Practice:

- Practice using this visual throughout your child's day. Refer to this when they are calm and happy, getting frustrated or having challenging behaviors.

**THE ZONES OF REGULATION®**

																			
<table border="1"><tr><td> bored</td><td> hurt</td></tr><tr><td> sad</td><td> tired</td></tr></table>	 bored	 hurt	 sad	 tired	<table border="1"><tr><td> good</td><td> happy</td></tr><tr><td> proud</td><td> ready to learn</td></tr></table>	 good	 happy	 proud	 ready to learn	<table border="1"><tr><td> frustrated</td><td> silly</td></tr><tr><td> worried</td><td> upset</td></tr></table>	 frustrated	 silly	 worried	 upset	<table border="1"><tr><td> angry</td><td> aggressive</td></tr><tr><td> overwhelmed</td><td> out of control</td></tr></table>	 angry	 aggressive	 overwhelmed	 out of control
 bored	 hurt																		
 sad	 tired																		
 good	 happy																		
 proud	 ready to learn																		
 frustrated	 silly																		
 worried	 upset																		
 angry	 aggressive																		
 overwhelmed	 out of control																		
<table border="1"><tr><td> snack</td><td> walk</td></tr><tr><td> hug</td><td> rest time</td></tr></table>	 snack	 walk	 hug	 rest time	<table border="1"><tr><td> thumbs up</td></tr></table>	 thumbs up	<table border="1"><tr><td> breath</td><td> walk</td></tr><tr><td> headphones</td><td> water fountain</td></tr></table>	 breath	 walk	 headphones	 water fountain	<table border="1"><tr><td> sensory room</td><td> jump</td></tr><tr><td> ask for help</td><td> quiet time</td></tr></table>	 sensory room	 jump	 ask for help	 quiet time			
 snack	 walk																		
 hug	 rest time																		
 thumbs up																			
 breath	 walk																		
 headphones	 water fountain																		
 sensory room	 jump																		
 ask for help	 quiet time																		

# Vocational:

- Note to Caregivers: This portion of the daily schedule will incorporate job skills or independent living skills.

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Vocational Boom cards</u>	CBI Vocational Task	Chores Put Groceries Away	CBI Vocational Task	<u>Vocational Boom cards</u>
Title: On the Job	<u>Grocery Store Checker</u>	OR Make Grocery List with Family Member	<u>Grocery Store Stocker</u>	Title: Rights and Responsibilities on the Job

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Coloring Book



Relax on Couch



You are all done with Online School Today!

